



SHRI RAMKRISHNA SEVA MANDAL'S
ANAND ARTS COLLEGE, ANAND

NAAC : "B" Grade, 2.91 Points

Zone : 92

Code : 65

Dr. Manoj Patel
Principal

Opp. Electric Grid,
ANAND - 388 001.
GUJARAT - INDIA

Ph. (O) (02692) 250260 • E-mail : aac.anandarts@gmail.com, aac.anand@yahoo.co.in • website : www.aac.edu.in

Criterion-7 Institutional Values and Best Practices

Key Indicator-7.2 Best Practices

Matric No- 7.2.1



OUR MOTTO: YA VIDYA SA JYOTI



7.2.1 Best Practices

BEST PRACTICE-1

Title of the Practice: Fostering Eco-Consciousness: A Multifaceted Approach

Objectives of the Practice:

- To inculcate a sense of commitment amongst students towards environment.
- To reduce the energy consumption
- To create positive aura among students by forming Eco-Harmony Club
- To encourage the practical application of sustainable practices in daily life, both within and beyond the institution

The Context:

The college is dedicated to promote environmental awareness and responsible behaviour among its students. The goal is to actively involve students in understanding environmental issues, fostering a campus community that values and actively participates in environmental conservation.

The Practice:

- The college has a Botanical Garden where students can immerse themselves in nature's beauty. Students, under the mentorship of faculties, have developed barcoding system for each plant facilitating efficient identification and information about the plant.

- The Eco Harmony Club of the college engages in various activities aimed at fostering environmental awareness and sustainable practices in the college campus. Eco Harmony Club allocates groups of students duties such as planting, watering, cleaning, and tending to the garden on weekly basis.
- Apart from the Botanical Garden, the college has 2 more lush green gardens in the campus.
- The college has its own water bore which makes it easy maintain the greenery in the campus.
- The campus has been declared the Plastic Free Zone.
- For waste management, the college has functional collaboration with Anand Municipality.
- The Green Audit of campus is conducted by certified external auditor.
- LED bulbs are installed in the college buildings to save electricity.
- The college has Solar Power Generation Plant.
- The college has robust rain water harvesting mechanism.
- The NSS unit organizes various cleanliness-related activities in the campus and outside the campus.
- Environmental awareness programmes are frequently organized in the Institution in collaboration with various agencies.
- Every year the college conducts a tree plantation program in and outside the campus. It also organizes awareness rallies.

Evidence of Success:

- Active participation in garden maintenance has contributed to heightened environmental awareness among students, fostering a sense of responsibility and connection to nature.

- The barcode system has streamlined plant identification, providing an efficient and accurate way for students and others to access detailed information about each plant.
- Use of Solar plants and use of LED bulbs help to reduce power consumption.
- Vermicomposting stands as an eco-friendly and sustainable waste management approach.
- Rainwater harvesting has created awareness among students and staff about judicious use of natural resources.
- The external certification for green Audit validates the college's adherence to environmental friendly practices, indicating a successful implementation of sustainable initiatives.
- The college was honoured with the Best Green and Clean Campus Award by Inner Wheel Club, Anand.
- The college was also given the clean campus certificate by Anand Municipality.

Problems Encountered and Resources Required:

Nurturing a garden is a time consuming task. It also requires continuous care. Implementing environmental friendly activities often requires resources, both financial and material. Maintaining cleanliness on the campus is very difficult task where large numbers of students are involved.

Notes (Optional):

Environmental Studies is also a part of the curriculum in which the students get knowledge of a range of environmental concerns and issues.

BEST PRACTICE-2

Title of the Practice: Physical and Mental Well-being with focus on Indian Traditional and Spiritual Values

Objectives of the Practice:

- To foster an understanding of Indian cultural values, spirituality and traditions through the practice of yoga
- To promote physical and mental well-being
- To foster appreciation for the diversity and cultural heritage of India through festive celebrations.

The Context:

In this educational initiative, the college aims to provide the practice of yoga that goes beyond physical postures and exercises. It becomes a transformative journey that integrates Indian and spiritual traditions, weaving a tapestry of values into the fabric of student life.

The Practice:

- **Yoga Centre**

The college has established a Yoga Centre on the campus. This initiative aligns with our commitment to foster physical, mental, and spiritual well-being among students and staff, contributing to their overall growth. Certified yoga trainer, Ms. Gayatri Chauhan, leads yoga sessions. The college offers a Diploma in Yoga affiliated with Shree Somnath Sanskrit University. Two of our faculties have completed their diploma in yoga who, in their turn, share their learning with our students.

- **Add-on Course on Bhagvad Geeta:**

The college also offers Certificate Course on 'Life with Bhagvad Gita'. The curriculum covers various chapters of the Bhagavad Gita, exploring its philosophical, ethical, and spiritual dimensions.

- **Gym Facility**

The college is proud to offer a gym facility to its students and faculty. The students are provided this facility free of cost.

- **Festival Celebrations:**

The institution actively celebrates Indian festivals like Holi, Dhuleti, Navratri, and Guru Purnima, providing students knowledge of cultural rituals and traditions associated with these festivals.

- **Expert Talks:**

Experts in Indian philosophy, yoga, and spirituality are regularly invited for guest lectures and workshops, enriching students' understanding and providing exposure to authentic sources of knowledge.

- **Community Engagement Programs:**

Students actively engage in community outreach programs organized by NSS, organizing yoga camps and workshops for the local community to share the benefits of yoga and Indian values.

Evidence of Success:

- A notable increase in student participation in yoga sessions and related events indicates the success of the initiative.
- Apart from our students, the outsiders also take the benefit of this course.
- The college observes Indian festivals, and students enthusiastically engage in these celebrations.

- Success can be evidenced through positive health outcomes.
- The yoga program serves as a platform for the integration of Indian cultural and spiritual values, fostering a sense of unity in diversity. Consequently no single raging case is registered.
- There is no evidence of any sort of discrimination based on gender, religion, cast, region, creed, etc.

Problems Encountered and Resources Required:

- Lack of awareness and understanding among students about the significance of Indian and spiritual values through yoga poses a challenge.
- Finding suitable time slots that accommodate diverse schedules can be challenging. Implementing yogic activities often requires resources, both financial and material.

Notes (Optional):

The college, with financial assistance from Shri Alpeshbhai Patel (USA), distributed 250 copies of the Bhagavad Gita to staff members and others. The Institution collaborates with spiritual organizations like 'Brahma Kumari' and organizes various activities like celebration of Rakshabandhan.